

Choose smart, look for blue hearts

Get the support you need. Choosing a doctor is one of the most important health decisions you'll make. The UnitedHealth Premium® program can help you find doctors who are right for you and your family.

Find quality, cost-efficient care

- Studies show that people who actively engage in their health care decisions have fewer hospitalizations, fewer emergency visits, higher utilization of preventive care and overall lower medical costs
- Take an active part in your health by seeking out and choosing physicians, with the help of the UnitedHealth Premium program
- The Premium designation makes it easy for you to find doctors who meet national standards for quality and local market benchmarks for cost efficiency

Choose with confidence

The UnitedHealth Premium program evaluates physicians in various specialties using evidence-based medicine and national standardized measures to help you locate quality and cost-efficient doctors. It's easy to find a UnitedHealth Premium Care Physician. Just go to myuhc.com® > **Find a Provider**. Choose smart.

Look for blue hearts.

UnitedHealth Premium symbols look like this:



Premium Care Physician

The physician meets the UnitedHealth Premium program quality and cost-efficient care criteria



Quality Care Physician

The physician meets the UnitedHealth Premium program quality care criteria but does not meet the program's cost-efficient care criteria or is not evaluated for cost-efficient care



Not Evaluated for Premium Care

The physician's specialty is not evaluated in the UnitedHealth Premium program, the physician does not have enough claims data for program evaluation or the physician's program evaluation is in process



Does Not Meet Premium Quality Criteria

The physician does not meet the UnitedHealth Premium program quality criteria so the physician is not eligible for a Premium designation

UnitedHealth Premium specialties

Allergy

- Allergy
- Allergy and Immunology

Cardiology

- Cardiology
- Cardiovascular Disease
- Cardiac Diagnostic
- Interventional Cardiology
- Clinical Cardiac Electrophysiology

ENT

- Otolaryngology
- Otology
- Pediatric Otolaryngology
- Head and Neck Surgery
- Laryngology
- Rhinology

Endocrinology

- Endocrinology, Diabetes and Metabolism

Family Medicine

- Preventive Medicine
- Family Practice
- General Practice

Gastroenterology

- Digestive Diseases
- Hepatology—Liver Disease
- Gastroenterology

General Surgery

- Abdominal Surgery
- Proctology
- Colon and Rectal Surgery
- Surgery

Internal Medicine

- Geriatric Medicine
- Internal Medicine
- Pediatric Internal Medicine

Nephrology

- Nephrology

Neurology

- Neuromuscular Disease
- Neurology
- Neurology and Psychiatry

Neurosurgery,

Orthopedics and Spine

- Orthopedic Surgery
- Neurology Surgery
- Shoulder Surgery
- Knee Surgery
- Back and Spine Surgery
- Sports Medicine
- Hand Surgery

Obstetrics and Gynecology

- Gynecology
- Obstetrics
- Obstetrics and Gynecology

Pediatrics

- Pediatrics
- Pediatric Adolescent
- Adolescent Medicine

Pulmonology

- Pulmonary Medicine

Rheumatology

- Rheumatology

Urology

- Urology

Learn more

Visit [unitedhealthpremium.com](https://www.unitedhealthpremium.com)



The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com®. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.

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